

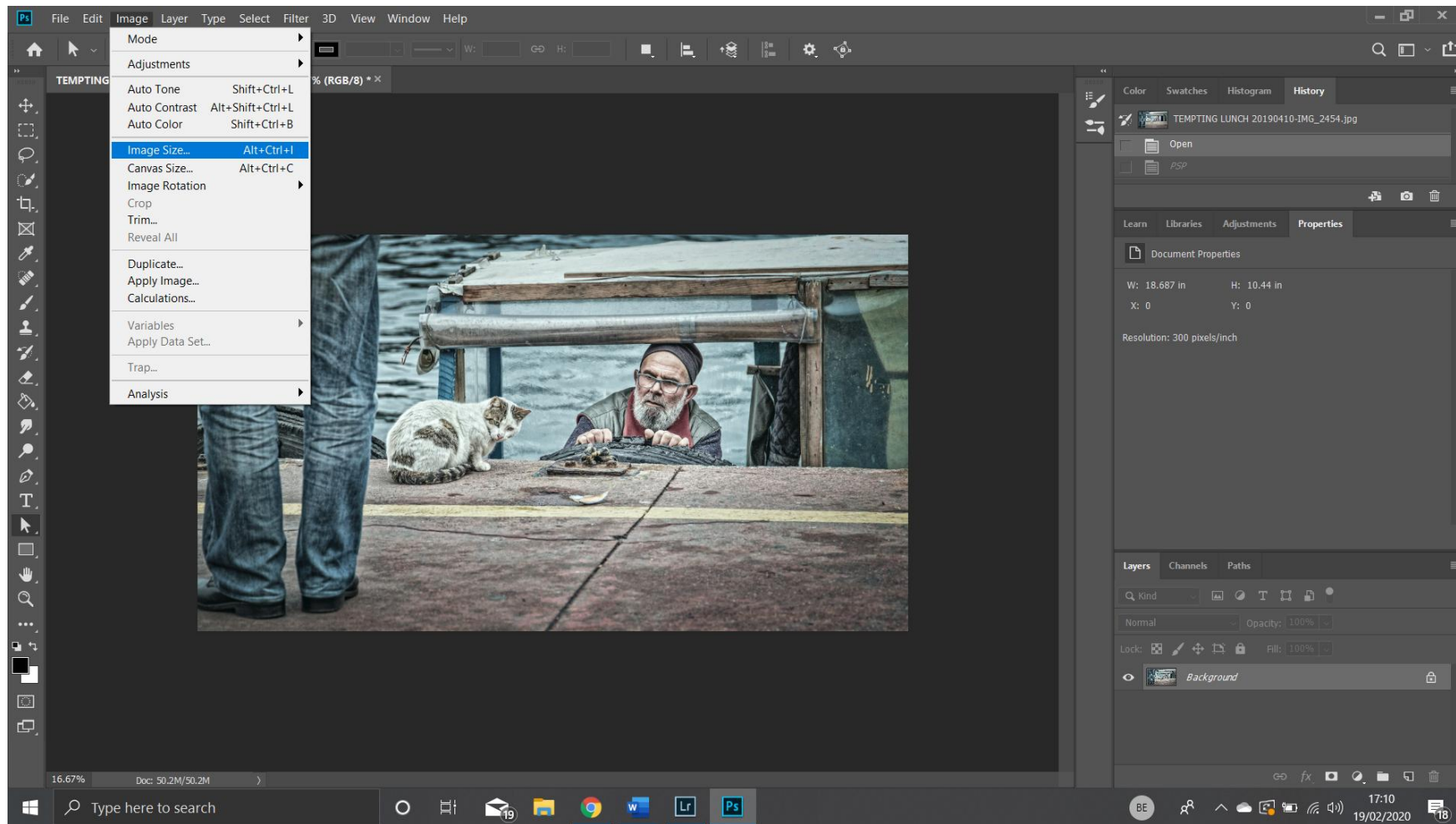
How to size images for competitions

Photoshop

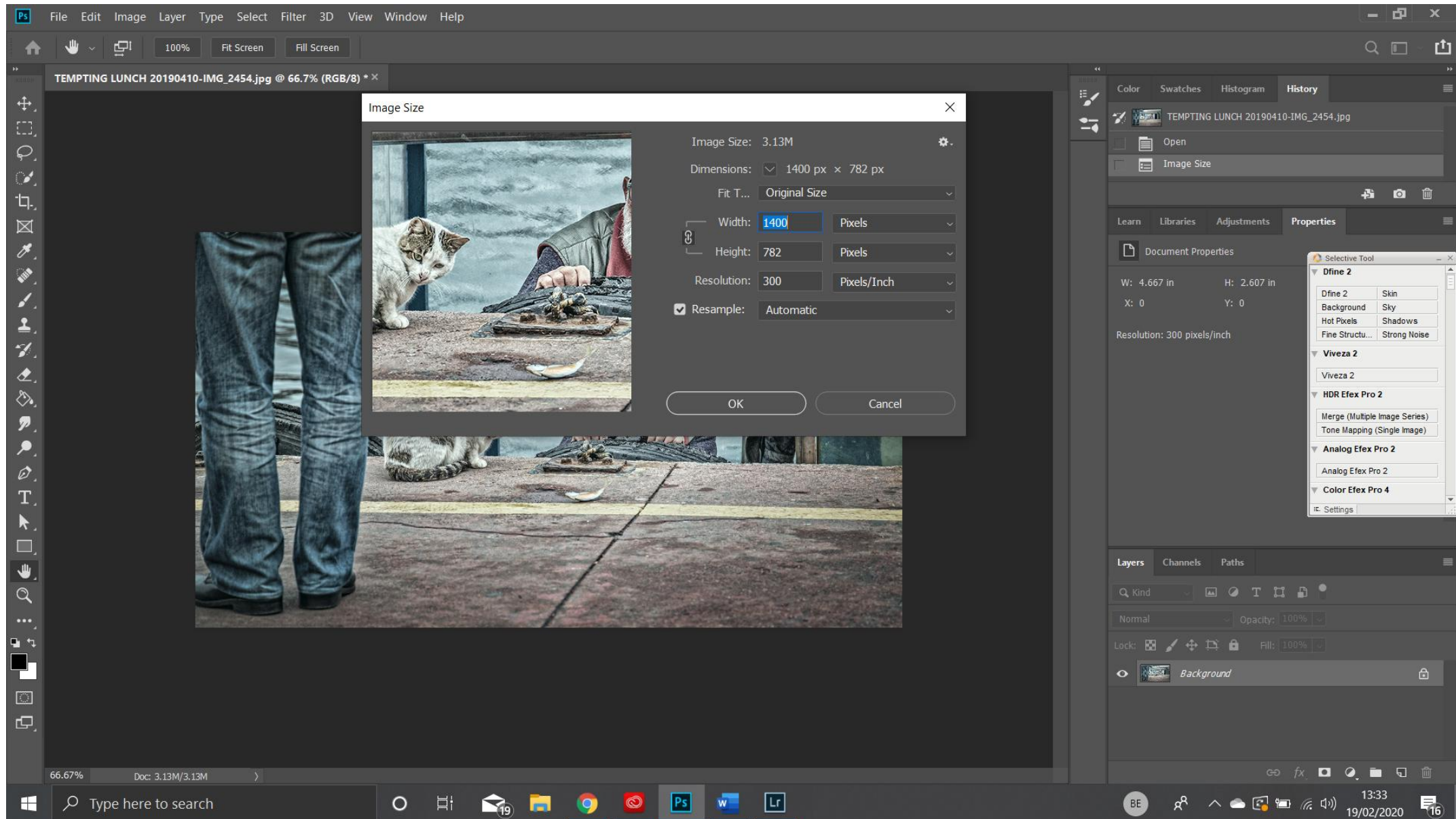
1. Open your image in photoshop and work on your image until you are happy with the final look.
2. If you have more than one layer open then you will need to FLATTEN your image. To do this go to LAYER in the top panel and select FLATTEN IMAGE (near the bottom). Photoshop will then push all your layers into one final layer.

To resize your image:

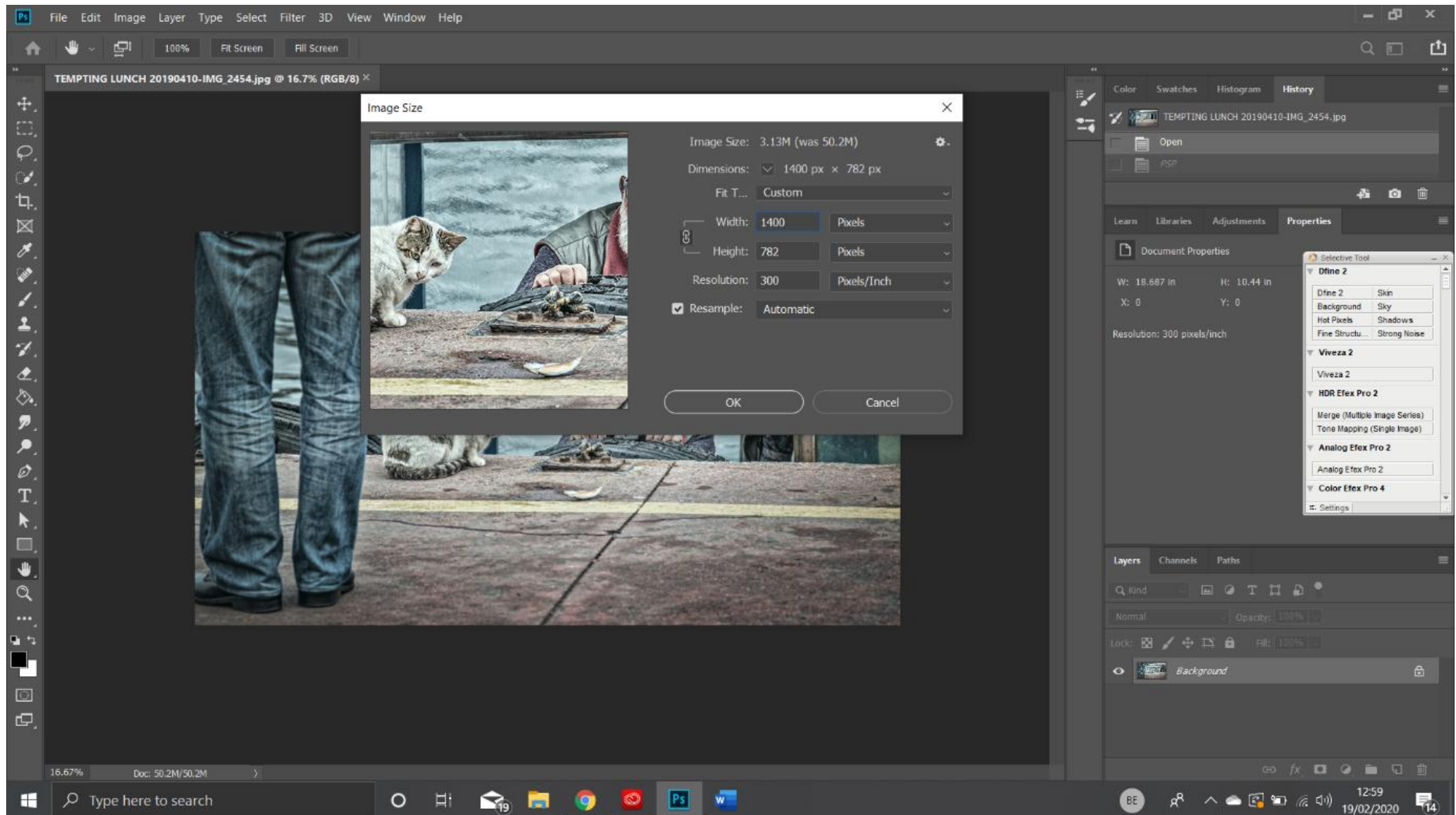
3. Go to IMAGE (on the ribbon/bar at the top of the page) and select IMAGE SIZE



3. This window will pop up:

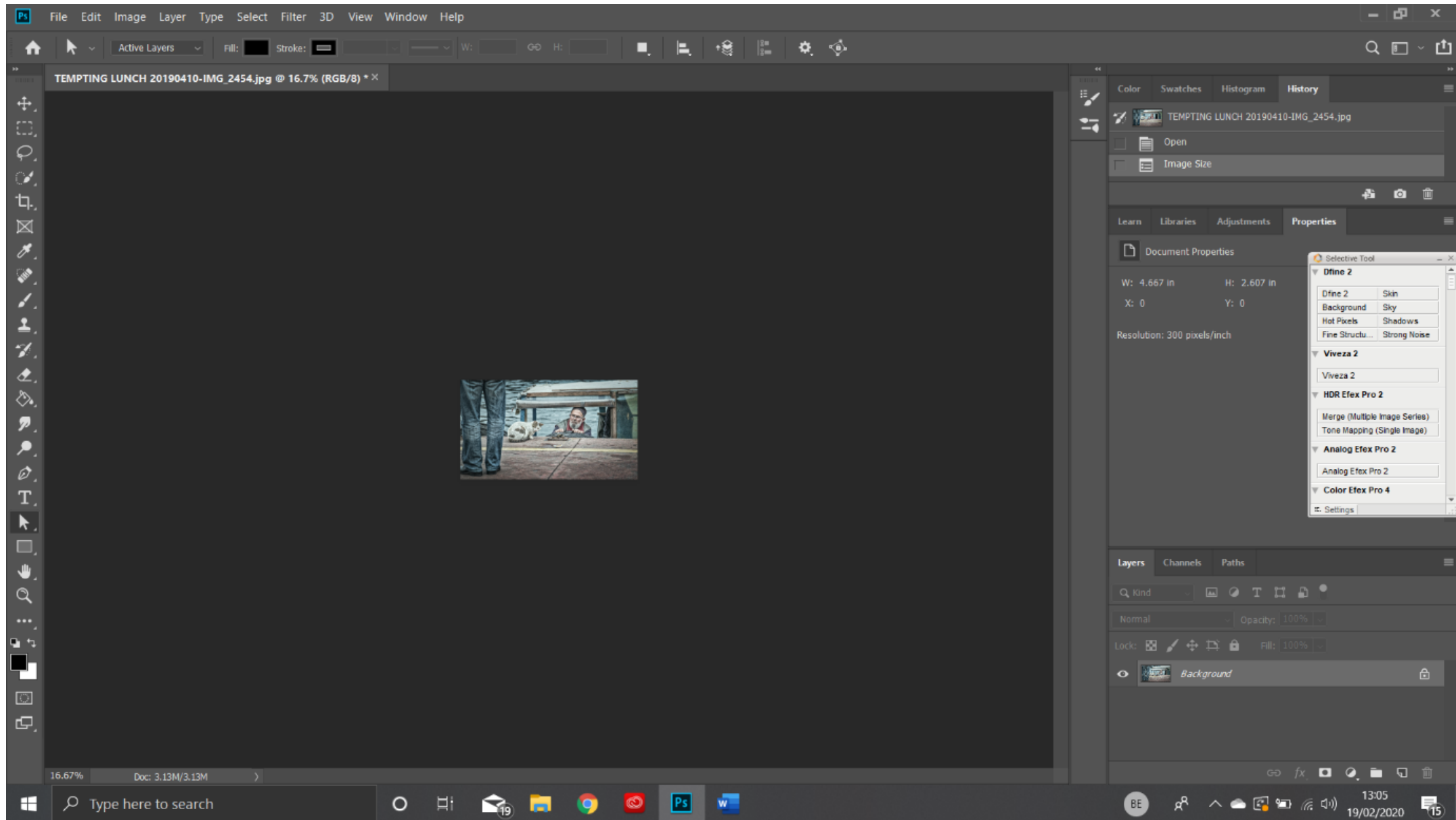


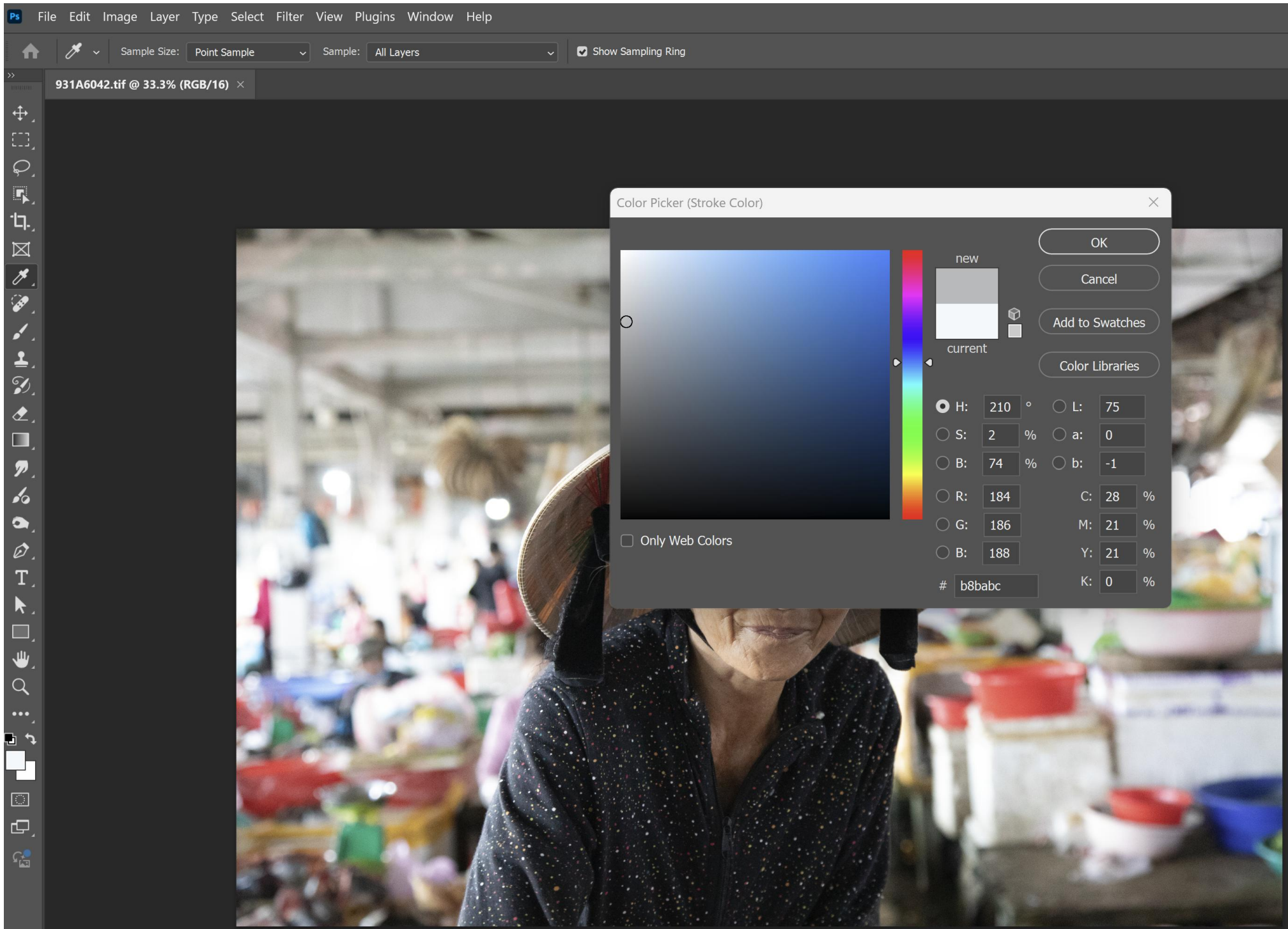
4. Resize the image so that the width conforms to 1600 pixels (or the height 1200 pixels – this depends on the image and whether the width or height is the largest size). It is important that the height does not exceed 1200pxs. The other measurement will automatically change to keep the image in the correct proportions. Keep the resolution to 300 pixels per inch (ppi)



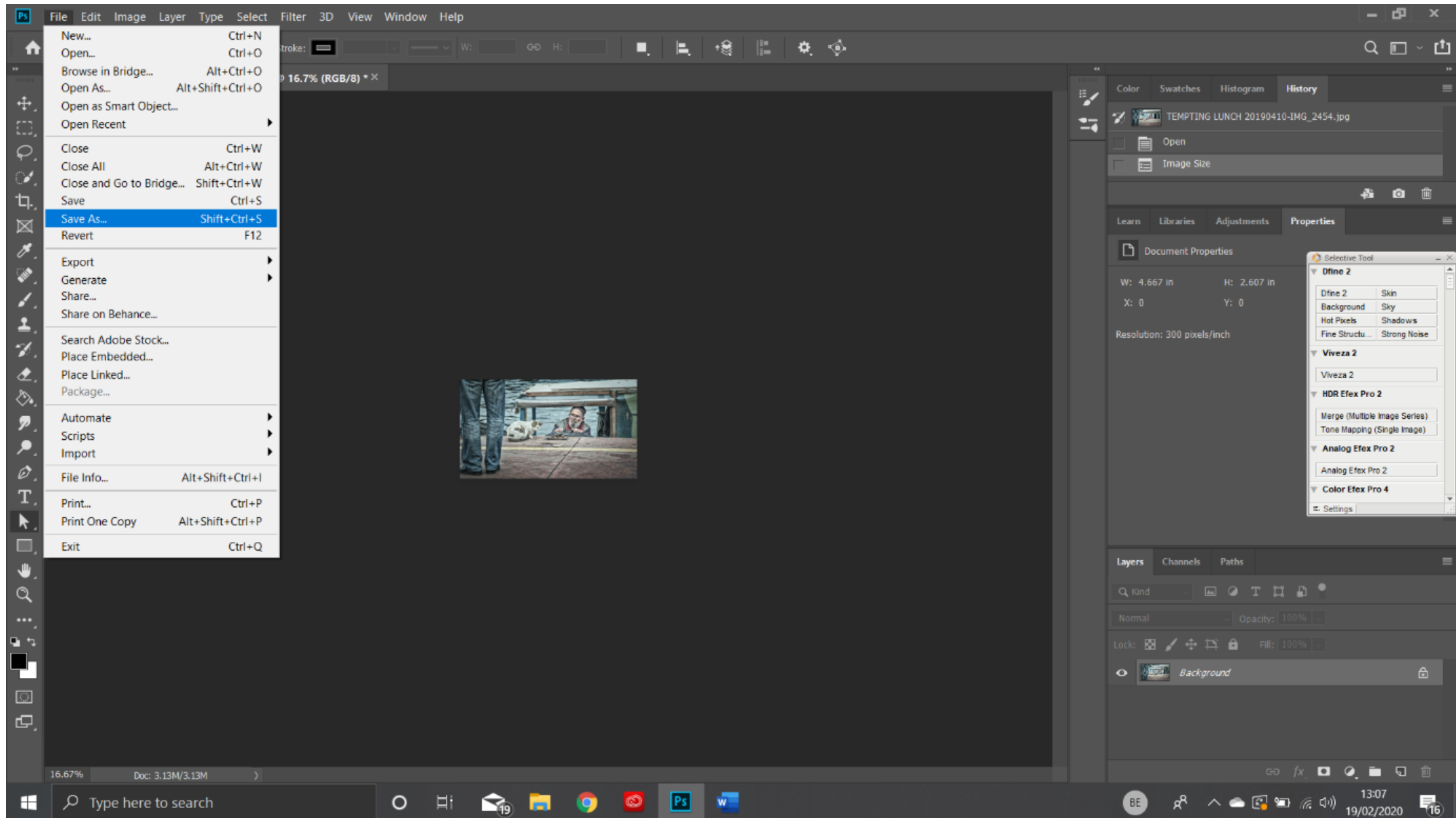
5. Click OK and the resizing is done

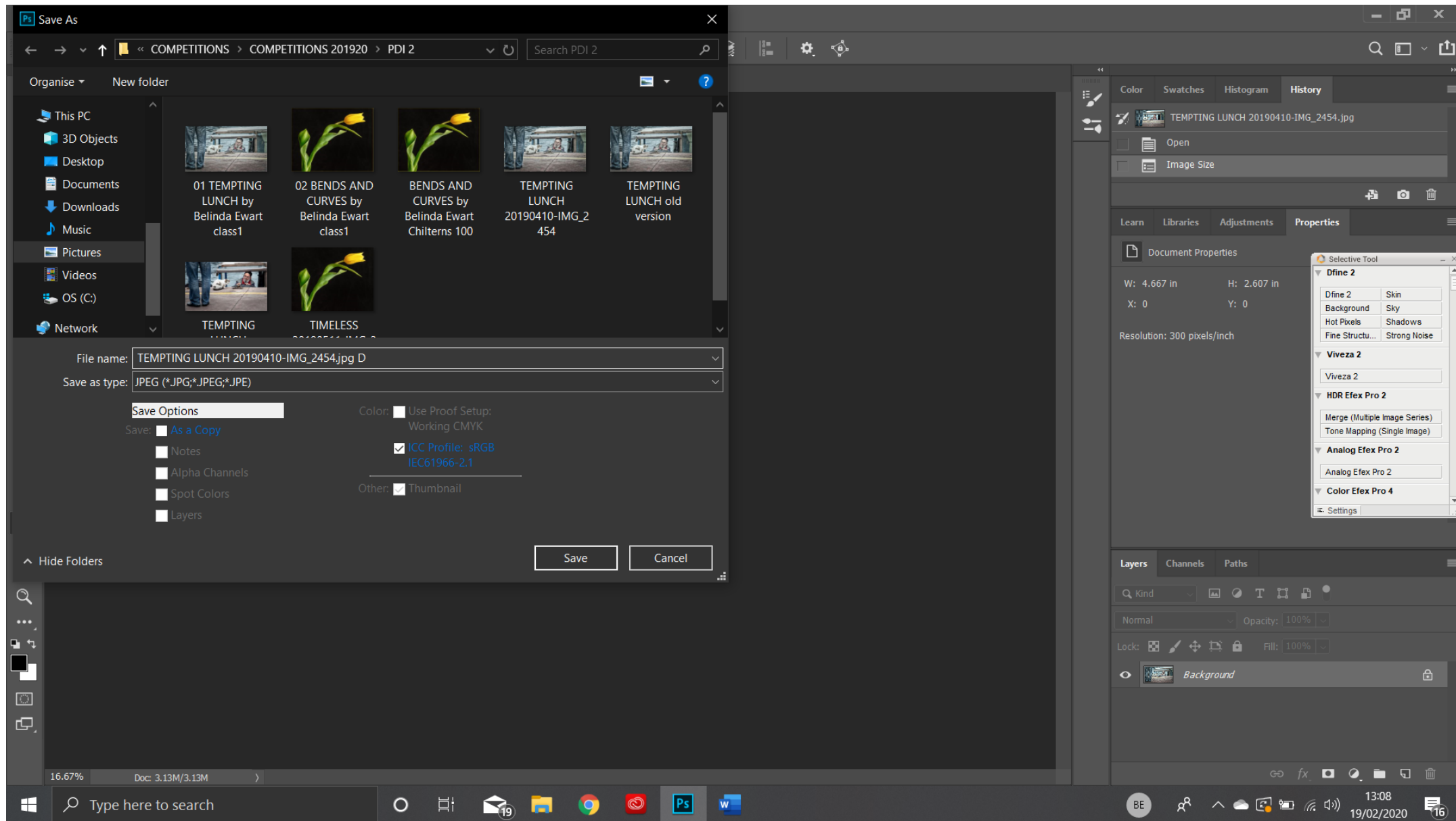
6. The image will appear much smaller when you go back into photoshop - this is because you have resized it as a smaller image.





7. Click CONTROL+D /COMMAND+D (Mac) which will deselect the marching ants.
8. You can now save this image as a DIGITAL copy – call it what you like – I usually put a D at the end of the name of the file so I know it is digital size.

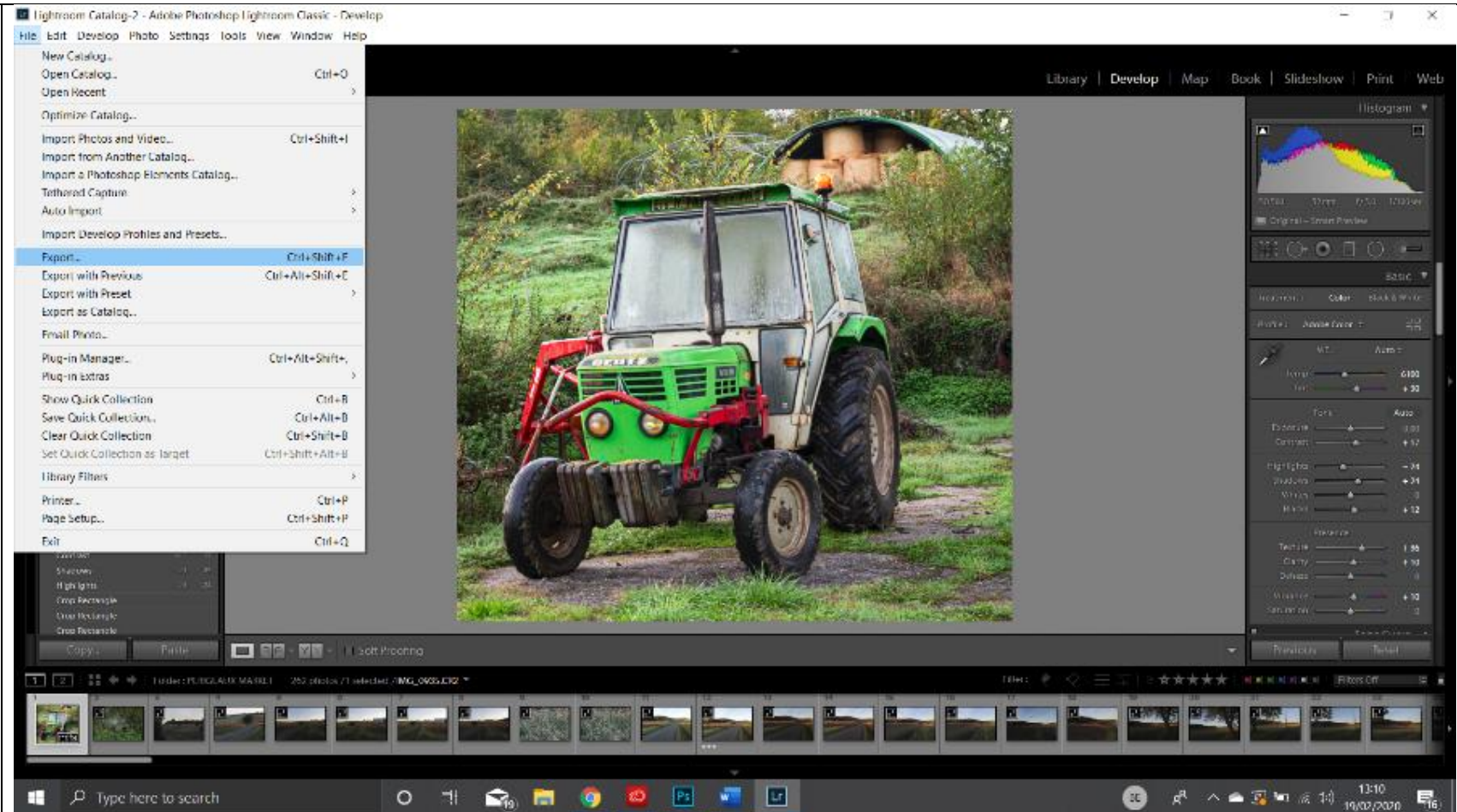




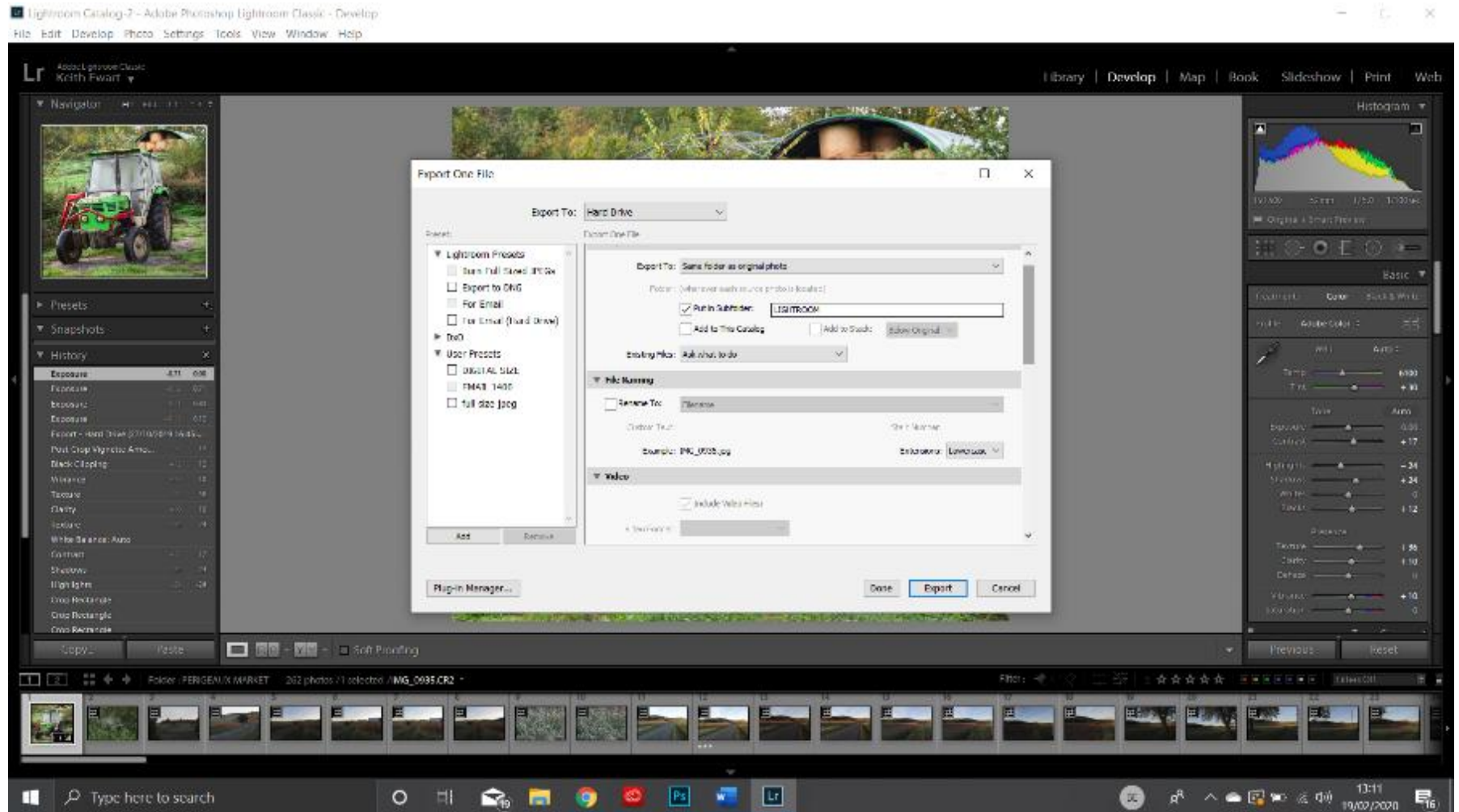
9. Now your image is competition ready! You can now send your image to the Digital Competition Secretary for the next digital competition! digital@fieldendps.co.uk Good luck!

To resize in Lightroom:

Go to FILE on the ribbon at the top of the page – select: EXPORT



Go through each of the menu settings – decide where you want the resized image to be exported to. I usually put mine in the same folder as the ORIGINAL so I can find it, but I will LABEL it with a D for digital size.



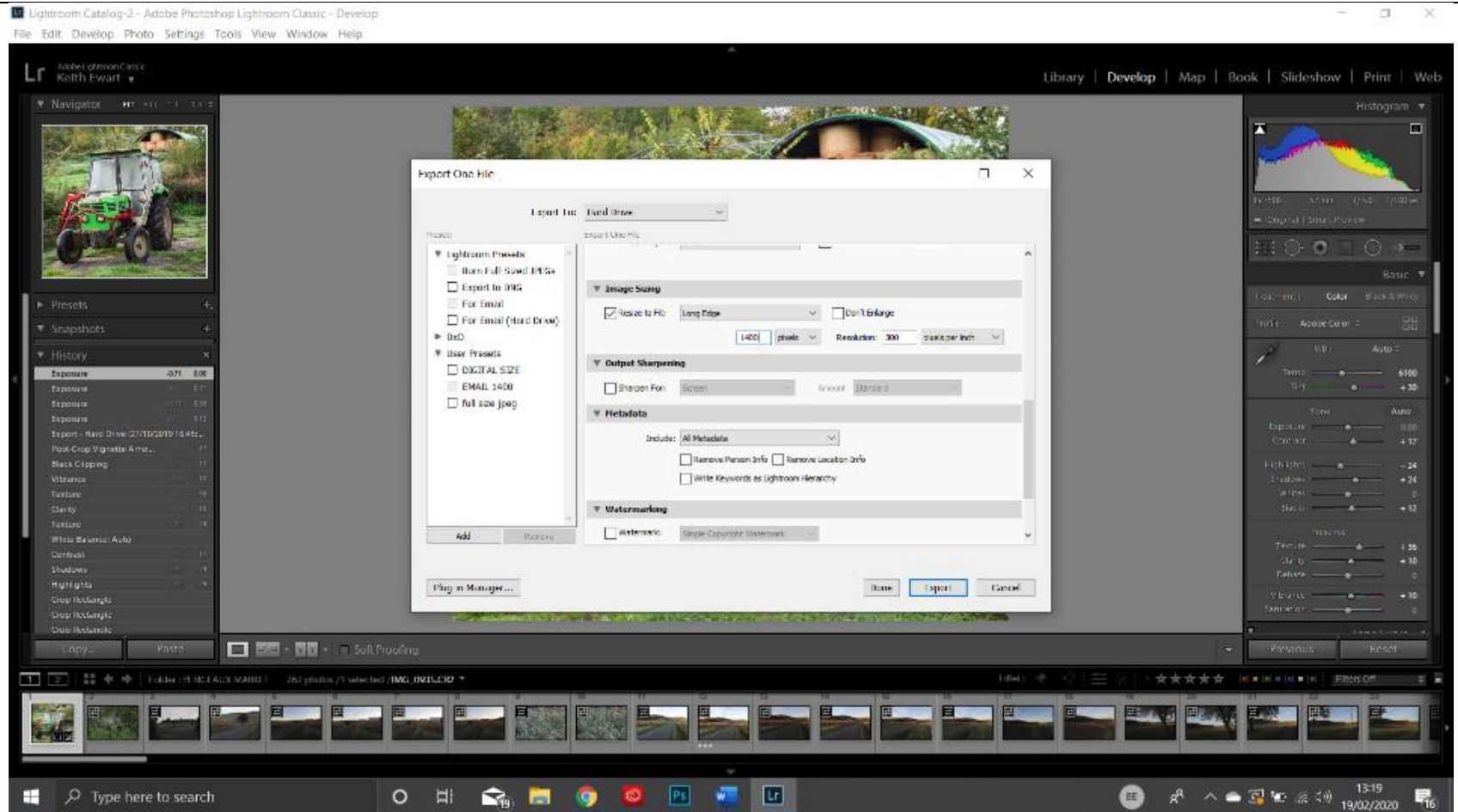
In this section you RESIZE the image.

TICK resize to fit

Select HEIGHT

Type in 1200 in the HEIGHT pixel box.

The width will automatically adjust keeping your image in the correct ratio.



Click **EXPORT** when done – you should find your new file in its new digital size in the **FOLDER YOU SPECIFIED AT THE START OF THE EXPORT FORM.**

You can now send your image to the **Digital Competition Secretary** for the next digital competition!

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